

If you are a physiotherapist who strives for excellence and you are committed to working towards Advanced Practice or Specialist Physiotherapy registration with a genuine interest in shoulder and upper limb conditions, we would love to hear from you.

PHYSIOTHERAPY INTERNSHIP

You will be offered a 2-year Internship with a Specialist Physiotherapist in Christchurch. The internship is unpaid, and consists of structured clinical, research and leadership opportunities. The time commitment for internship development activities is approx. 4-6 hours per week. There is no guarantee of Advanced Practitioner or Specialist status at the end of the Internship however the Internship is designed to offer opportunities to fulfil some of the criteria that would ordinarily be difficult to access.

PART-TIME PHYSIOTHERAPIST

The internship is combined with a part-time position (independent contractor) at Advance Physiotherapy (Christchurch). The clinical caseload will consist of general musculoskeletal conditions, that will include a higher proportion of shoulder and upper limb conditions. Initially the clinical contact hours will be 4-6 hours per week with clinic space available after 3pm. The intention is to increase these hours as the caseload increases with a view to permanent, part-time work. Remuneration in alignment with qualifications and expertise.

The internship and associated clinical work provide a rare opportunity to combine professional supervision with supervised clinical practice with the aim of developing a practitioner with advanced standards of practice in the diagnosis and management of musculoskeletal conditions, with specific expertise in the shoulder and upper limb.

THE TEAM

You will be joining a small team working in a predominantly upper limb clinic with a wide referrer base including local GPs, physiotherapists, surgeons and other medical specialists. You will be working alongside a Specialist Physiotherapist (MSK) and another senior physiotherapist with access to a range of educational and multidisciplinary professional development opportunities as well as a caseload consisting mostly of shoulder and upper limb conditions.

INTERNSHIPS REQUIREMENTS

- NZ citizen or permanent resident
- Based in Christchurch, NZ
- NZ registered physiotherapist with current APC
- Personal liability insurance
- Minimum 5 years' experience in musculoskeletal practice
- Master's Degree (Musculoskeletal or related area)
- Clear evidence from CPD portfolio of ongoing CPD in musculoskeletal practice.

TO APPLY

Please send the following information to the Practice Manager at admin@advancephysiotherapy.co.nz.

1. Confirmation that you meet all the Internship Requirements (above)
2. Curriculum vitae
3. Letter of application

INTERNSHIP INFORMATION

This is a 2-year, unpaid Internship.

Intern Responsibilities

The intern will be responsible for identifying priorities for development that most reflect their specific needs in the four main competency areas and developing the Professional Development plan for the 2 year internship. This will be reviewed quarterly with the Specialist Physiotherapist (Dr Angela Cadogan). The intern will be responsible for scheduling, implementation, execution, completion, documentation and log of all activities.

Time Commitment

It is expected the intern will spend 4-6 hours per week on internship activities. These hours are unpaid. The time commitment may vary from week to week. The Internship is structured around five main competency areas:

1. Foundation Knowledge
2. Clinical Practice
3. Research
4. Education
5. Leadership

Internship Structure, Activities & Outcomes

The intended outcome for each area is specified in the “Intended Outcomes” column. Activities available in each of these categories include, but are not limited to, the activities listed below. This is not an exhaustive list of activities, and other goals and suitable activities may be identified in addition to those listed below.

Competencies	Activities	Intended Outcomes
Professional Development Plan:	Portfolio Development	Identification & planning of Professional Development activities in the following areas: <ul style="list-style-type: none"> • Clinical • Research • Leadership Calendar of training activities to be developed by Intern. 3-monthly Training Plan review.
Foundation Knowledge:	Structured Education	2-4 hours per week structured education including: <ul style="list-style-type: none"> • Musculoskeletal Diagnostics* • Treatment and Rehabilitation • Surgical Management and outcomes The internship will include access to a range of online learning opportunities including the Shoulder Course and related educational activities.
	Post-graduate Education*	Study towards Masters Degree or PhD (if applicable)
	Continuing Education*	<ul style="list-style-type: none"> • Relevant Shoulder and Upper Limb Courses • Attendance and presentation at shoulder (or related) conferences
Clinical:	Clinic Induction*	Induction to: <ul style="list-style-type: none"> • Administrative and Clinical Policies and Procedures • Professional practice standards
	Clinical Supervision	1-2 hours per fortnight direct clinic observation/supervision (22 weeks per year).

		<p>Clinical Competencies to be formally assessed:</p> <ul style="list-style-type: none"> • Diagnosis • Management • Physiotherapy treatment and rehabilitation <p>Assessment methods:</p> <ul style="list-style-type: none"> • Direct observation/supervision • Case-based discussions • Mini Clinical Exams
	Clinical Notes Audit and Peer Review*	<ul style="list-style-type: none"> • Bi-annual clinical notes audit • Annual formal peer review (in addition to clinical supervision)
	Multi-disciplinary Observation*	<p>Observation with multi-disciplinary medical & physiotherapy practitioners including but not limited to:</p> <ul style="list-style-type: none"> • Orthopaedic Specialists (public & private) <ul style="list-style-type: none"> ○ Clinics ○ Surgery • Musculoskeletal Medicine Physicians • Radiologists • Sports Physicians • Other health professionals as appropriate.
	Specialist and Advanced Physiotherapy Practitioner Observation*	<p>By arrangement (depending on availability) with:</p> <ul style="list-style-type: none"> • Mark Laslett • Tracey Pons • Other Specialists or APPs as circumstances permit.
	Clinical Practice [†]	Independent patient caseload and/or clinical hours provided to gain relevant experience [†]
Research:	Research project*	<p>Identification of research interest area and opportunities.</p> <p>Research project planning, design, sourcing of funding, implementation, data collection, analysis and dissemination.</p> <p>Peer reviewed publication</p> <p>Presentation at a shoulder (or related) professional meeting or conference.</p>
Education:	Inservice	Inservice education to the clinic team, and to external clinics as appropriate.
	Teaching	<p>Providing education sessions to other physiotherapists and patient/community groups as appropriate.</p> <p>This could include in-person courses, seminars, webinars etc.</p>
Leadership:	Leadership Opportunity Identification*	<p>Identification of areas where able to influence:</p> <ul style="list-style-type: none"> • advanced physiotherapy practice; OR • service access or delivery for shoulder and upper limb conditions.

* Costs not funded by Internship

[†]Paid at agreed rate. See "Contract for Services".

PART-TIME PHYSIOTHERAPIST POSITION

The internship is combined with a part-time position (independent contractor) at Advance Physiotherapy (Christchurch).

LOCATION

This position is located on-site at Advance Physiotherapy, Caledonian Centre, 8 Caledonian Road, Christchurch.

CASELOAD

The clinical caseload will consist of general musculoskeletal conditions, that will include a higher proportion of shoulder and upper limb conditions. As you become more specialised in shoulder and upper limb conditions, this proportion is likely to increase.

REFERRAL BASE

You will be joining a small team working in a predominantly upper limb clinic with a wide referrer base including local GPs, physiotherapists, surgeons and other medical specialists.

HOURS

Initially the clinical contact hours will be 4-6 hours per week with clinic space available after 3pm on Mondays only. The intention is to increase these hours as the caseload increases with a view to permanent, part-time work. The hours and days will expand accordingly.

REMUNERATION

Remuneration will be in alignment with qualifications and expertise under a "Contract for Services".

The internship and associated clinical work provide a rare opportunity to combine professional supervision with supervised clinical practice with the aim of developing a practitioner with advanced standards of practice in the diagnosis and management of musculoskeletal conditions, with specific expertise in the shoulder and upper limb.

You will be working alongside a Specialist Physiotherapist (MSK) and another senior physiotherapist with access to a range of educational and multidisciplinary professional development opportunities as well as a caseload consisting mostly of shoulder and upper limb conditions.